



# Tatadra Spa

'HOUSE OF DREAMS'

## MASSAGE

### AROMATIC MASSAGE

ALLOW 30 min - \$66                      60 min - \$114

A combination of Swedish and Relaxation techniques that release tired muscles, improve circulation, and relax body and mind. A complete healing experience enhanced using our aromatic purefiji oils.

### PREGNANCY MASSAGE

ALLOW 30 min - \$66                      60 min - \$114

A soothing massage for the expectant mother. Advance bookings are essential.

### RELAX AND RESTORE MASSAGE

ALLOW 30 min - \$66                      60 min - \$114

A therapeutic massage that focuses on areas of tension and soreness. By applying deeper corrective massage techniques, we can activate the body's natural healing process to relax and restore the body so it can function at its optimum. (ideal for the tired overworked traveler).

### REFLEXOLOGY

ALLOW 45 min - \$83

A unique method to treat the foot, addressing acupressure point that relate to various body parts. The session ends with a luxurious foot massage using oils. A great add on to a foot wrap (advance bookings are essential).

### TRADITIONAL NECK & SCALP MASSAGE

ALLOW 25 min - \$54

A Fijian coconut bowl is used to slowly drizzle warmed exotic nut oils that are then massaged into the scalp and neck restoring balance. Leaves your hair shiny and healthy.

## PACKAGES

### EXOTIC HEAD & FOOT TREATMENT

ALLOW 70 min                      \$114

A pampering spa foot wrap followed by a luxurious neck and scalp massage. Treat your extremities.

### REVITALIZE

ALLOW 90 min                      \$162

This superb treatment blends the healing properties of an aromatic massage with a restorative spa facial.

### LOMALAGI (HEAVEN)

ALLOW 120 min                      \$204

A tropical exfoliation complemented by a lavish aromatic massage. This treatment truly lives up to its name.

### TATADRA

ALLOW 180 min                      \$366

Treat yourself to our signature spa experience. A coconut glow followed by a blissful stone massage and rejuvenating facial.

### COUPLES INDULGENCE

Retreat to your own private double treatment room. Indulge together with your choice of a lush stone or aromatic massage, a rejuvenating facial or combine the two for a sumptuous spa experience to remember.

AROMATIC MASSAGE                      \$198 PER COUPLE

BLISSFUL STONE MASSAGE                      \$235 PER COUPLE

SPA FACIAL                      \$223 PER COUPLE

SERENITY - ALLOW - 120 MIN                      \$420 PER COUPLE

An aromatic massage merged with a rejuvenating facial.

### MARAU (ETERNAL HAPPINESS) - WEDDING PACKAGE

BRIDE ALLOW 150 min

GROOM ALLOW 90 min                      \$420 PER COUPLE

A luxurious treatment for the bride and groom to be. The bride will enjoy an Island foot wrap, followed by a Paradise body glow and aromatic massage. Meanwhile, the groom will experience a Healing Stone massage.



# Tatadra Spa

'HOUSE OF DREAMS'

Our mission at Tatadra Spa (pronounced Tatandra) is to provide a haven of relaxation and revitalization for our guests. Tatadra means 'House of Dreams' and this is literally what our team of therapists aim to provide.

A range of therapeutic treatments have been thoughtfully designed to dissolve the negative effects of a busy stressful life and rejuvenate your soul.

Please make your bookings with reception at the front desk.. Hours of operation are 9am - 7pm. In room massage is available, on request surcharges apply. All treatment prices are in Fijian dollars.

90 minute massages are available on request, advance bookings are essential.



Treatment Policy: Your treatment time has been reserved especially for you, however we understand that plans change. To change or cancel your appointment, we require 3 hours notice or a 50% charge will apply. Failure to arrive will result in full payment being charged.



Likuliku  
LAGOON  
FIJI



## Stone Therapy

### BLISSFUL STONE MASSAGE

allow 60 min      \$126

Warmed stones are placed on the body and combined with a nourishing exotic body massage oil to release tension, restore balance and increase positive energy flow. The stones are used to gently encourage sore muscles to relax and surrender as circulation increases bringing a sense of well-being and harmony.

### HEALING STONE MASSAGE

allow 90 min      \$150

This truly therapeutic massage incorporates the soothing touch of warm stones with the refreshing effect of cold stones. A traditional full body massage that heals the body and nurtures the soul.



## Facials

### REJUVENATING SPA FACIAL

allow 60 min      \$126

Provides a relaxing experience that restores the vitality of the skin. This indulgent facial treatment leaves your complexion visibly smoother and more radiant. It includes a cleanse, exfoliation, facial neck & shoulder massage, mask and hydration.

### ULTIMATE SPA FACIAL

allow 90 min      \$162

A luxurious rejuvenating facial combined with a decadent hand and foot massage.

## Body Elements

### SUN SOOTHER

allow 45 min      \$102

Soothe your sun kissed skin with the gentle application of Dilo Rescue Gel on your body to help calm redness and provide an amazing cooling affect.

### PARADISE SUGAR BODY GLOW

allow 80 min      \$149

Coconut milk combined with macadamia and coconut oil are gently massaged into the skin followed by an application of pure cane sugar and tropical nut oils; ridding the body of dead skin, revealing new healthy skin as well as strengthening the skin's elasticity and replenishing moisture loss.

### COCONUT BODY GLOW

allow 45 min      \$106

Cleanse, polish and protect your skin. Coconut & Pineapple extracts gently buff away dull skin cells and unclog pores rejuvenating your skin. Then, an application of Hydrating Body Lotion rapidly hydrates your skin using a nourishing blend of exotic nut oils which will stay with you all day.

### NOURISHING ISLAND WRAP

allow 60 min      \$121

Restore your skin's balance with our tropical body wrap. Unwind as we apply a body mask before creating a cocoon to enable maximum absorption and hydration for your skin. After a luxurious facial massage, the body is moisturized to leave you skin nourished and revitalized.

### FIJI ISLAND RITUAL

allow 90 min      \$210

Your ritual begins with a deep pore cleansing coconut crème exfoliation, followed by a relaxing banana leaf wrap and scalp treatment. You are then massaged with body butter to promote hydration, nourishing and repairing the deepest layers of your skin.

## Hand &Foot Bliss

### ISLAND FOOT WRAP

allow 45 min      \$80

Treat your feet to a ritual cleansing followed by a cane-sugar exfoliation infused with essential oils. A warm body butter wrap is then applied and your legs are massaged with exotic massage oil as you drift away to paradise. (Reflexology upgrade available)

### ISLAND HAND WRAP

allow 45 min      \$80

Indulge your hands with an exfoliating coconut scrub followed by a warm hand wrap and soothing massage with rich hydrating body butter.

### DILO FOOT RESCUE

allow 45 min      \$80

Soothe tired, swollen feet and legs with Dilo oil, a traditional Fijian remedy. A ritual cleansing in coconut milk followed by a gentle pore cleansing exfoliation. Your feet are then soothed, moisturized and revitalized in a warm cocoon of Dilo rescue butter whilst your legs are cooled with a refreshing Dilo gel massage. Ideal for those who have been, bushwalking, traveling or snorkeling.

### HYDRATING MILK BATH

allow 30 min      \$80

Drift away as you soak in a bath of pure coconut milk rich in vitamins. Hydrates and nourishes your skin.

